

4 Days Mount Elgon Hike – Sasa Trail



The Sasa Trail is the shortest and most direct route to the Wagagai summit (4,321 m). Starting from **Budadiri** at the foothills of Mount Elgon, it cuts through local farmlands, bamboo forests, and moorlands before reaching the caldera. Although it is steep and demanding, it rewards climbers with stunning views, diverse vegetation zones, and cultural encounters with the **Bagisu** communities.

Tour Facts

Group Size: 8	Language: English
Tour Type: continuous	

Tour Itinerary

1 : Day 1: Budadiri – Sasa River Camp (2,900 m)

Your adventure begins in **Budadiri (1,250 m)** at the Uganda Wildlife Authority (UWA) office for registration and briefing. After meeting your guides and porters, you'll hike through scenic villages, passing banana plantations and coffee gardens. The trail ascends sharply through the **Wall of Death**, a steep rocky section, before entering the lush **Bamboo Zone**. Arrive at **Sasa River Camp**, nestled among giant ferns, for dinner and overnight camping.

Approx. 6-7 hours trekking.

Day 2 : Sasa River Camp – Mude Cave Camp (3,500 m)

Continue your climb through the montane forest, where you might spot **blue monkeys** or **colobus monkeys** swinging among tall trees. The trail becomes gentler as you reach **Mude Cave Camp**, located in the Afro-alpine zone. Spend the afternoon exploring the surroundings or take a short acclimatization walk to Jackson's Summit.

Day 3 : Mude Cave Camp – Wagagai Peak (4,321 m) – Return to Mude Camp

Start early for the **summit push!** The trail winds through the moorland, covered with giant lobelias and groundsels. Upon reaching **Wagagai Peak**, enjoy breathtaking views of the **world's largest caldera** and the plains stretching into Kenya. Descend to Mude Cave Camp for a warm meal and a well-deserved rest.

Approx. 8-9 hours round trip.

Day 4 : Mude Cave Camp – Budadiri

After breakfast, descend through the bamboo forest and farmland back to Budadiri, where your vehicle will be waiting. Collect your certificates and bid farewell to Mount Elgon.

Approx. 5-6 hours trekking.