

2 Days Source of the Nile Adventure – Jinja, Uganda



Destination: Jinja, Eastern Uganda

Trip Duration: 2 Days / 1 Night

Highlights: Source of the Nile • White-Water Rafting • Sunset Cruise • Cultural Experiences • Mabira Forest Stopover

Known as the Adventure Capital of East Africa, Jinja is where the mighty River Nile begins its 6,650-kilometer journey to the Mediterranean Sea. This thrilling 2-day adventure combines breathtaking scenery, adrenaline-pumping water sports, and a touch of culture — the perfect weekend getaway from Kampala.

Pricing (Per Person)

Category	Price (USD)	Accommodation
Midrange	\$420	Nile River Resort / 2Friends Guesthouse
Luxury	\$780	Wildwaters Lodge / Lemala Wildwaters Lodge

Tour Facts

Tour Type:
continuous

Tour Itinerary

Day 1 : Transfer to Jinja – Mabira Forest Nature Walk – Source of the Nile Visit & Sunset Cruise

Morning:

After an early breakfast in Kampala, meet your driver-guide and set off for Jinja (approx. 2-3 hours' drive).

En-route, stop at the Mabira Forest for a guided nature walk. Explore this lush tropical forest, home to colorful butterflies, monkeys, and birds.

Mid-Morning:

Continue your journey to Jinja, passing through tea and sugarcane plantations. Arrive by midday and check into your lodge overlooking the Nile.

Afternoon:

Enjoy lunch, then head to the Source of the Nile, where explorer John Hanning Speke first discovered the river's origin. Take a boat ride across the calm waters to see the exact point where Lake Victoria releases the Nile.

Learn the fascinating history behind the discovery and enjoy photo opportunities surrounded by natural beauty.

Evening:

As the day winds down, board a sunset cruise along the Nile — a peaceful experience with stunning views, cold drinks, and light snacks. Watch fishermen glide by as the sun dips into the river.

Estimated Activity Times:

- Transfer to Jinja: 2-3 hrs
- Mabira walk: 1 hr
- Source of the Nile boat tour: 1.5 hrs
- Sunset cruise: 2 hrs

Overnight:

- *Midrange:* Nile River Resort / 2Friends Guesthouse
- *Luxury:* Wildwaters Lodge / Lemala Wildwaters

Meal Plan: Lunch & Dinner

Day 2 : White-Water Rafting / Adventure Activities – Return to Kampala Morning:

Fuel up with an early breakfast, then get ready for one of Uganda's most exciting experiences — white-water rafting on the Nile!

Whether you choose a half-day or full-day rafting adventure, you'll conquer Grade 3-5 rapids under the guidance of professional instructors.

If you prefer a calmer morning, choose from:

- **Quad biking** through nearby villages
- **Horseback riding** along the Nile
- **Bungee jumping** for thrill-seekers
- **Kayaking or tubing** for a relaxed adventure

Afternoon:

Enjoy lunch by the river before beginning your return drive to Kampala, arriving by early evening.

Estimated Activity Times:

- Rafting or adventure activity: 3-5 hrs
- Return drive: 2-3 hrs

Meal Plan: Breakfast & Lunch